

READ THE LEAFLET CAREFULLY AND IF NEEDED

PLEASE CALL

SNS 24 
808 24 24 24

AND REPORT YOUR RECENT TRIP AND
WHETHER YOU CAME IN CONTACT WITH
SOMEONE INFECTED

TO HAVE MORE INFORMATION VISIT

<https://pt-pt.facebook.com/ACMigracoes/>

OR CALL TO Migrants Support Line

 808 257 257 OR (+351) 21 810 61 91

WE CAN HELP!

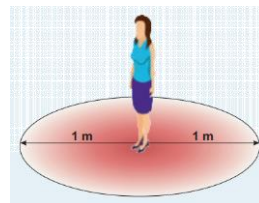


Com a colaboração

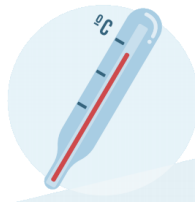


CORONAVIRUS (COVID-19)

If you returned from an affected area, or if you
been in contact with someone infected with
the Coronavirus (COVID-19), **please be alert for
the next 14 days:**



**AVOID CONTACT
WITH OTHER PEOPLE**

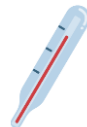


**MEASURE AND
REGISTER YOUR
BODY TEMPERATURE
2 TIMES A DAY**

If you develop any of the following symptoms,
contact SNS 24:



COUGH



FEVER



DIFFICULTY IN BREATHING

PROTECT YOURSELF AND OTHERS



**WHEN COUGHING OR SNEEZING
COVER YOUR MOUTH AND NOSE
WITH YOUR FOREARM OR WITH
TISSUE PAPER THAT SHOULD BE
PLACED IMMEDIATELY IN THE BIN**



**FREQUENTLY WASH YOUR HANDS
WITH SOAP AND WATER OR USE
AN ALCOHOL-BASED SOLUTION**



**WASH AND DISINFECT DOOR
HANDLES, HANDRAILS AND THE
SURFACES YOU TOUCH
FREQUENTLY**